



## Personal Training Contract

Client Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

I understand and agree to the following terms and conditions:

**1. Fees:**

The amount due each month is \_\_\_\_\_.

**2. Cancellations:**

Please notify me at least \_\_\_\_\_ in advance of the scheduled workout. If I have not been notified before the designated time, you will be billed for your absence.

**3. Start Date:** \_\_\_\_\_

**4. Times/Days of Each Session:** \_\_\_\_\_

I have read and understand the above contract:

\_\_\_\_\_  
Personal Trainer Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date